

# EN-CARDIO - BIKE REHA



## THE SPORTS BIKE

The Bike Reha is interesting for (professional) athletes too. The resistance can be varied from 5 to 400 Watts! The cycle offers the possibility to perform various tests such as the  $VO_2$ -Max test, the 3- and 12-minutes tests and the Steep Ramp Test. This means it is possible to gain insight into various aspects of the condition of the athletes.

## EN-TRAIN / EN-TRACK COMPATIBLE

The Bike Reha can be controlled from the EN-Train and EN-Track concept so that the entire training can be put together beforehand in a simple way. The exercise protocol and the individual training values of the cycle are automatically set by means of a chipcard. The results are monitored in the software, where progression and regression are incorporated in the training program.

## EASY AND WELL SUITED FOR ANYBODY

The Bike Reha is exceptionally easy to operate. With the aid of the EN-Train / EN-Track chipcard everything is automated, but even without it the bike can be operated by anybody! A sophisticated and extensively tested interface ensures that everyone, young or old, can easily get going with this high performance ergometer.

**THE BIKE REHA IS INDISPENSABLE  
TO ANY PRACTICE!**



# EN-CARDIO - BIKE REHA



## 1413921 BIKE REHA



## 1413922 BIKE REHA INCL. ADJUSTABLE CRANKS



- Low step-through
- Full colour touchscreen
- Ergonomic design
- Wear-resistant eddy-current brake
- Pulse monitoring by means of Sigma Sport chest-belt and built-in receiver
- Low-noise belt-drive
- Smart-card technology
- Handlebar horizontally and vertically adjustable
- Saddle horizontally and vertically adjustable
- Gaming mode
- HR-trainingzones



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ENRAF-NONIUS

BIKE REHA

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PARTNER FOR LIFE

## TECHNICAL SPECIFICATIONS:

Mains voltage:	100 – 240 V
Frequency:	50 - 60 Hz
Power consumption:	approx. 40 VA
Braking principle:	process-controlled eddy-current brake
Load:	5 -400 W (resolution: 5 W increments) rpm-independent from 35-110 rpm 6-60 Nm (resolution: 0,5 Nm increments) rpm-independent from 35-110 rpm
Heart rate monitoring:	by means of Sigma Sport chest strap and receiver
Dimensions (lxwxh):	118 x 55 x 115 cm
Weight:	approx. 55 kg
Saddle height (adjustable):	50-110 cm
Steering column height (adjustable):	75 - 115 cm
Length fixed crank:	170 mm
Length adjustable crank:	80 - 180 mm
Max. patient weight:	150 kg

## OPTIONAL ACCESSORIES

3496160	Adjustable cranks
3496837	Sigma Sport transmitter
3496838	Elastic band for the Sigma Sport transmitter



3496160



3496837



3496838

## OTHER PRODUCT THAT MIGHT INTEREST YOU

### EN-TRAIN / EN-TRACK

The EN-Train and EN-Track concepts give you full control over the active rehabilitation process, ensuring optimum treatment at all times. Training schemes can easily be compiled using the training recommendations already preprogrammed in the software.

### ORDERING DATA

1411811	EN-Train installation kit
1411801	EN-Track installation kit

