



EN-Dynamic training means optimum exercising for everyone: men-women, elderly -youngsters, beginners-advanced.

After the automatic set-up with the EN-Train chip-card, the ideal body position can be set. In this correct posture the body is supported on essential points. Hereby the exercises are executed in an appropriate way: with correct posture and accurate load. Compensation is limited to a minimum. The units are easily accessible, easy adjustable and because of the EN-Train guiding unambiguous to use. Even individuals without training experience will feel very at ease in your centre.

- Adjustable from a seated position: the load is set by a simple push on a button
- Provides clear feedback to the user: the force is displayed digitally and the number of repetitions are counted automatically
- Manually adjustable
- With the chip-cards, the resistance and number of repetitions are set automatically
- Simple to operate and accurately adjustable
- No unnecessary high peak forces
- Silent during exercising
- Minimal increments are possible, thus accurate setting and smooth progression
- Wide range of load setting: from extremely light to very heavy
- Compact

EN-Dynamic

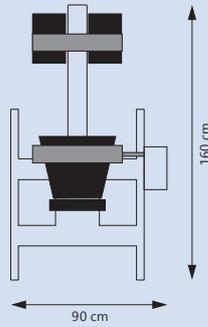
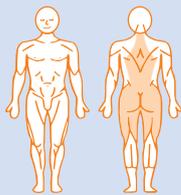
**Fit the medical way:
in *therapy* and in *sports***



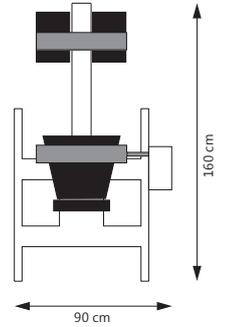
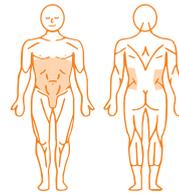
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EN-Dynamic Trunk

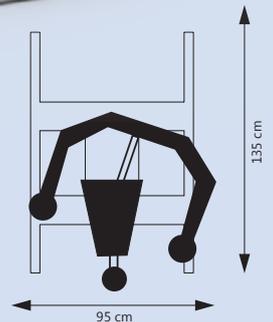
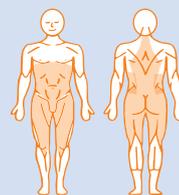
1455952 EN-Dynamic Back Trainer



1455954 EN-Dynamic Abdominal Trainer

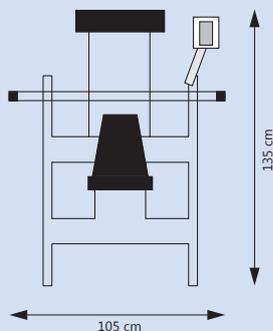
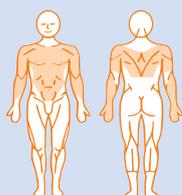


1455966 EN-Dynamic Rotator

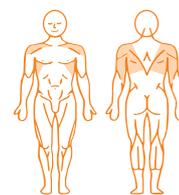
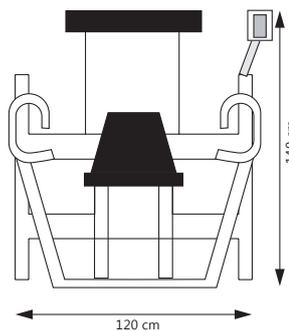


EN-Dynamic Upper Extremity

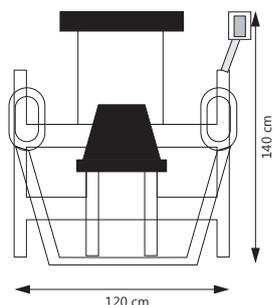
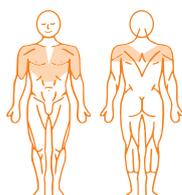
1455951 EN-Dynamic Chest Press



1455953 EN-Dynamic Pull Down



1455957 EN-Dynamic Shoulder Press

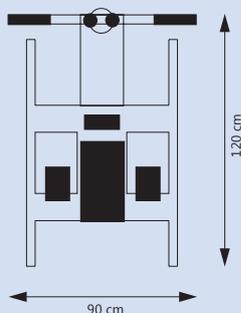
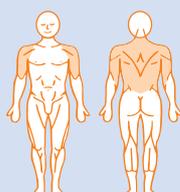


EN-Dynamic Upper Extremity

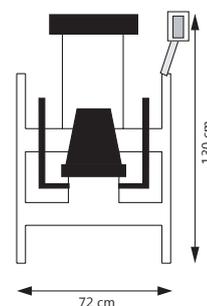
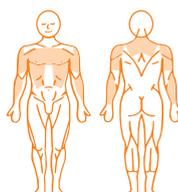


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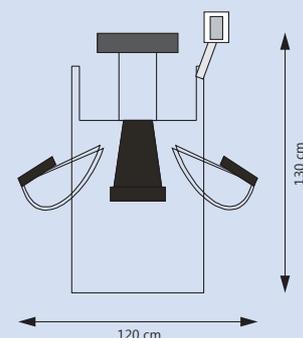
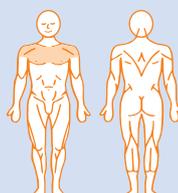
1455956 EN-Dynamic Rowing



1455964 EN-Dynamic Triceps Dips

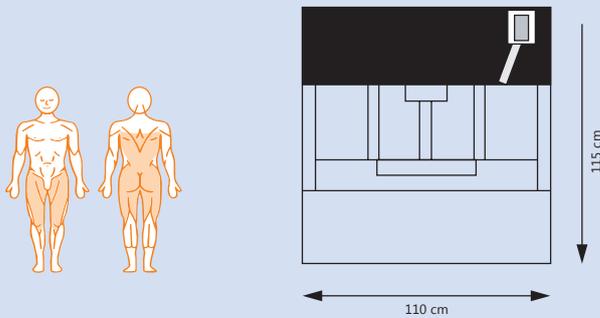


1455960 EN-Dynamic Fly

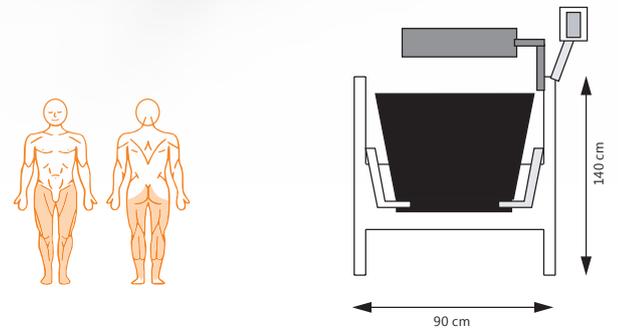


EN-Dynamic Lower Extremity

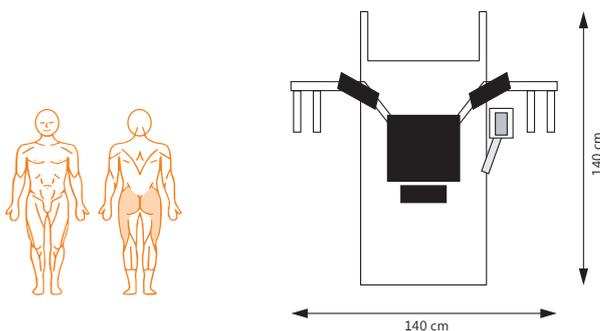
1455961 EN-Dynamic Total Hip



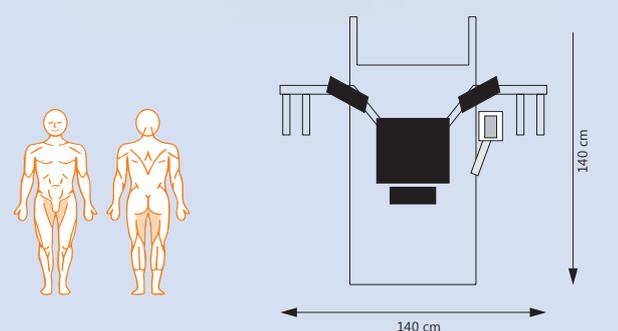
1455955 EN-Dynamic Leg Extension



1455959 EN-Dynamic Abduction



1455958 EN-Dynamic Adduction

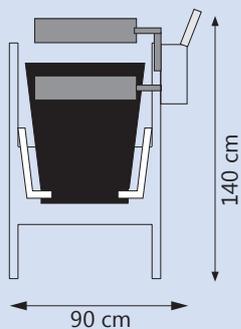
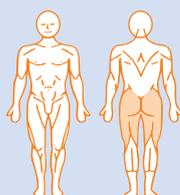


EN-Dynamic Lower Extremity

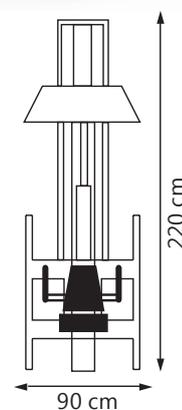
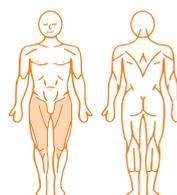


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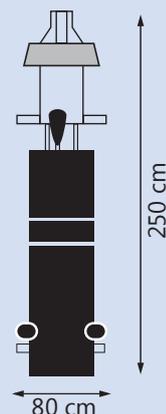
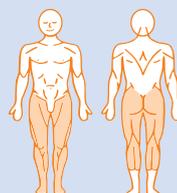
1455962 EN-Dynamic Seated Leg Curl



1455963 EN-Dynamic Seated Leg Press



1455965 EN-Dynamic Squat



EN-Dynamic



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ORDER DATA AND TECHNICAL SPECIFICATIONS

Article number		Range	Dimensions	Weight	Upholstery
1455961	EN-Dynamic Total Hip	0-36x10 N (kgf)	110x115x170 cm	120 kg	black
1455955	EN-Dynamic Leg Extension	0-100x10 N (kgf)	140x90x140 cm	105 kg	black
1455962	EN-Dynamic Seated Leg Curl	0-70x10 N (kgf)	140x90x140 cm	105 kg	black
1455959	EN-Dynamic Abduction	0-60x10 N (kgf)	140x140x140 cm	85 kg	black
1455958	EN-Dynamic Adduction	0-60x10 N (kgf)	140x140x140 cm	85 kg	black
1455963	EN-Dynamic Seated Leg Press	0-200x10 N (kgf)	220x90x140 cm	105 kg	black
1455965	EN-Dynamic Squat	0-200x10 N (kgf)	250x80x150 cm	265 kg	black
1455951	EN-Dynamic Chest Press	0-120x10 N (kgf)	135x105x140 cm	100 kg	black
1455953	EN-Dynamic Pull Down	0-80x10 N (kgf)	140x120x180 cm	105 kg	black
1455957	EN-Dynamic Shoulder Press	0-60x10 N (kgf)	140x120x180 cm	135 kg	black
1455956	EN-Dynamic Rowing	0-100x10 N (kgf)	120x90x115 cm	100 kg	black
1455964	EN-Dynamic Triceps Dips	0-100x10 N (kgf)	130x72x140 cm	96 kg	black
1455960	EN-Dynamic Fly	0-65x10 N (kgf)	130x120x140 cm	100 kg	black
1455952	EN-Dynamic Back Trainer	0-80x10 N (kgf)	160x90x130 cm	120 kg	black
1455954	EN-Dynamic Abdominal Trainer	0-80x10 N (kgf)	160x90x140 cm	120 kg	black
1455966	EN-Dynamic Rotator	0-60x10 N (kgf)	135x95x108 cm	85 kg	black

OPTIONAL ACCESSORIES

- 1411800 EN-Dynamics installation kit
- 3444668 Compressor for EN-Dynamic
- 1455940 Range of Motion limiter EN-Dynamic Squat



1411800



3444668



1455940

OTHER PRODUCT THAT MIGHT INTEREST YOU

EN-TRAIN

The EN-Train concept gives you full control over the active rehabilitation process, ensuring optimum treatment at all times. Training schemes can easily be compiled using the training recommendations already preprogrammed in the software.

ORDERING DATA

- 1411811 EN-Train installation kit

Also see the separate product leaflets at WWW.ENRAF-NONIUS.COM

